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| **Year** | **Autumn 1** | | **Autumn 2** | | **Spring 1** | | **Spring 2** | | **Summer 1** | | **Summer 2** | |
| **Reception** | **Locomotion: Walking and Jumping** | | **Dance  Nursery Rhymes/Nativity** | | **Gymnastics: High, Low, Over, Under** | | **Ball Skills Hands 1 and 2** | | **Ball Skills Feet** | | **Health & Wellbeing- Yoga Bugs** | |
| **Year 1**  **(Cycle A)** | **Locomotion: Running** | **Dance: Growing** | **Ball Skills Hands 1** | **Dance:**  **Nativity** | **Ball Skills Feet** | **Gymnastics: Wide, Narrow, Curled** | **Ball Skills Hands 2** | **Gymnastics: Body Parts** | **Locomotion: Jumping** | **Games For Understanding** | **Team Building** | **Health and Wellbeing-**  **Yogabugs** | |
| **Year 2**  **(Cycle B)** | **Locomotion: Dodging** | **Dance: Water** | **Ball Skills Hands 1** | **Dance: Nativity** | **Ball Skills Feet** | **Gymnastics: Linking** | **Ball Skills Hands 2** | **Gymnastics: Pathways** | **Locomotion: Jumping** | **Games for Understanding** | **Team Building** | **Health and Wellbeing-**  **Yogabugs** | |

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|  | **Autumn 1st** | **Autumn 2nd** | **Spring 1st** | **Spring 2nd** | **Summer 1st** | **Summer 2nd** |
| **KS1** |  |  | |  | | --- | | **Key Steps Gymnastics** | | |  |  |  |  | | --- | --- | --- | --- | | **Cheerleading & Dance Festival** |  |  |  | | **Virtual Dance Festival**  **Virtual Skipping Challenge** |  |  |  | |  | |  | | | |  | | --- | | **All Stars Cricket Festival** | |  |