

## 1 – Listening: Hands, Feet, Heart

**Find the pulse as you are listening to the music:** Can you dance, get funky or find the groove?

**Instruments/voices you can hear:** keyboard, bass, drums, electric guitars, saxophone, trumpet, vocals.



## 2 – Musical Activities

### Find the pulse!

- What animal can you be finding the pulse?

### Clapping Rhythms

- Copy and clap back rhythms
- Clap the rhythm of your name
- Make up your own rhythm

### Singing

- Sing Hands, Feet, Heart in groups
- Have fun!

### Playing instruments using up to three notes

– G or G, A + C. *Which part did you play?*

### Improvise using the notes C + D:

- **Challenge 1** Clap and Improvise
- **Challenge 2** Sing, Play and Improvise
- **Challenge 3** Improvise

*Which challenge did you get to?*

**Compose** a simple melody using simple rhythms, choosing from the notes C + D or C, D + E.

*Which notes did you use?*

## 3 – Perform & Share

A class performance of Hands, Feet, Heart. Introduce your performance to your audience. Can you include some funky moves? Have a fantastic time; enjoy it! Talk about it together afterwards. How did it make you feel? Will you record it?

## Have a think...

*What did you like doing best?*

*Singing?*



*Playing?*



*Dancing?*



*Improvising?*



*Composing?*



*Listening?*



**This unit is about South Africa and South African music**

**Words you need to know:** Keyboard, drums, bass, electric guitars, saxophone, trumpet, pulse, rhythm, pitch, improvise, compose, perform, audience, question and answer, melody, dynamics, tempo



## 1 – Listening: Ho Ho Ho (A fun song about Christmas)

**Find the pulse as you are listening to the music:** Move to the music and feel the groove.

**Instruments/voices you can hear:** Singers, keyboard, bass, guitar, percussion, trumpets and saxophones.



## 2 – Musical Activities

### Find the pulse!

- You can march and find the pulse
- You can be rapper and find the pulse

### Clapping Rhythms

- Copy and clap back rhythms
- Clap the rhythm of your name
- Clap the rhythm of your favourite colour
- Make up your own rhythm

**Pitch** is high and low sounds. We add pitch to the pulse and rhythm when we sing and play an instrument.

**Playing instruments** using up to three notes – G or G, A and B. *Which part did you play?*

**Singing:** Rap and sing Ho Ho Ho. Have fun!

**Improvise** using words

## 3 – Perform & Share

A class performance. Introduce your performance to your audience. Can you include some funky moves? Have a fantastic time; enjoy it! Talk about it together afterwards. How did it make you feel? Will you record it?

## Have a think...

*What did you like doing best?*



*Singing?*



*Rapping?*



*Dancing?*



*Playing?*



*Listening?*



**This unit is about Christmas and having fun!**

**Words you need to know:** Keyboard, bass, guitar, percussion, trumpets, saxophones, pulse, rhythm, pitch, perform, audience, rap, improvise, dynamics, tempo

## 1 – Listening: I Wanna Play In A Band

**Find the pulse as you are listening to the music:** You can be a rockstar and play air guitar, or just dance, clap hands and stamp your feet!

**Instruments/voices you can hear:** keyboard, drums, bass, electric guitar, singers.



## 2 – Musical Activities

### Find the pulse!

- You decide what you will be.

### Clapping Rhythms

- Copy and clap back rhythms
- Clap the rhythm of your name
- Clap the rhythm of your favourite food
- Make up your own rhythms

**Singing** in all the different styles!

**Playing instruments** using up to three notes – F or D and C. *Which part did you play?*

**Improvise** using the notes F + G:

- Challenge 1** Clap and Improvise
- Challenge 2** Sing, Play and Improvise
- Challenge 3** Improvise

*Which challenge did you get to?*

**Compose a simple melody** using simple rhythms, choosing from the notes F + G or F, G + A.

## 3 – Perform & Share

A class performance of I Wanna Play In A Band. Introduce your performance to your audience. Can you include some funky moves? Have a fantastic time; enjoy it! Talk about it together afterwards. How did it make you feel? Will you record it?

## Have a think...

*What did you like doing best?*



*Singing?*



*Playing?*



*Dancing?*



*Improvising?*



*Composing?*



*Listening?*



*Being a rock star?*



**This unit is about playing together in a band and rock music**

**Words you need to know:** Keyboard, drums, bass, electric guitar, rock, pulse, rhythm, pitch, improvise, compose, perform, audience, melody, dynamics, tempo



## 1 – Listening: Zootime

**Find the pulse as you are listening to the music:** Dance, wiggle, march, clap.

**Instruments/voices you can hear:** Keyboard, drums, bass, electric guitar, singers.



## 2 – Musical Activities

### Find the pulse!

- Be an animal of your choice

### Clapping Rhythms

- Copy and clap back rhythms
- Clap the rhythm of your name
- Clap the rhythm of your favourite animal
- Make up your own rhythms

**Pitch** is high and low sounds. We add pitch to the pulse and rhythm when we sing and play an instrument.

## 3 – Perform & Share

A class performance of Zootime. Introduce your performance to your audience. Can you include some funky moves? Have a fantastic time; enjoy it! Talk about it together afterwards. How did it make you feel? Will you record it?

**Singing** and dancing and having fun!

**Playing instruments** using up to two notes – C or C + D. *Which part did you play?*

**Improvise** using the notes C + D:

- **Challenge 1** Clap and Improvise
- **Challenge 2** Sing, Play and Improvise
- **Challenge 3** Improvise

*Which challenge did you get to?*

**Compose a simple melody** using simple rhythms, choosing from the notes C + D or C, D + E.

## Have a think...

*What did you like doing best?*



*Singing?*



*Playing?*



*Dancing?*



*Improvising?*



*Composing?*



*Listening?*



**This unit is about animals and Reggae music**

**Words you need to know:** Keyboard, drums, bass, electric guitar, reggae, pulse, rhythm, pitch, improvise, compose, perform, audience, melody, dynamics, tempo



## 1 – Listening: Friendship Song

**Find the pulse as you are listening to the music:** Dance, move, sway with your friends

**Instruments/voices you can hear:** Keyboard, drums, bass, a female singer, a glockenspiel



## 2 – Musical Activities

**Find the pulse!**

- You can decide how to find the pulse!

**Clapping Rhythms**

- Clap the rhythm of your name
- Clap the rhythm of your favourite colour
- Make up your own rhythms

**Singing** in two-parts

**Playing instruments** using up to three notes – C or E and G. *Which part did you play?*

**Improvise** using the notes C + D

- Challenge 1** Clap and Improvise
- Challenge 2** Sing, Play and Improvise
- Challenge 3** Improvise

*Which challenge did you get to?*

**Compose** a simple melody using simple rhythms, choosing from the notes C + D or C, D or E. *Which notes did you use?*

## 3 – Perform & Share

A class performance of Friendship Song. Introduce your performance to your audience. Can you include some funky moves? Have a fantastic time; enjoy it! Talk about it together afterwards. How did it make you feel? Will you record it?

## Have a think...

*What did you like doing best?*



*Singing?*



*Playing?*



*Dancing?*



*Improvising?*



*Composing?*



*Listening?*



**This unit is about being friends**

**Words you need to know:** Keyboard, drums, bass, glockenspiel, pulse, rhythm, pitch, improvise, compose, perform, audience, melody, dynamics, tempo