

## Elveden Church of England Primary Academy

This is an active school report card for the group:  
Whole School

Date: 07/07/2019

Congratulations on completing your recent review of physical activity levels in your school. Below are the details of your review as well as the guidance and actions you have decided to work on in order to increase activity levels for the group above in your school

**Inactive:** All, or almost all, of the time is spent sitting down

**Little activity:** Sitting down might be broken up with short bursts of activity. Pupils will spend some working time standing up and moving around the teaching space

**Some activity:** There will be some deliberate, planned movement and physical activity built into the session

**High activity:** There will be significant periods of physical activity that are planned and built into the session for all pupils

### Active School Review

ACTIVITY	TIMINGS	MON	TUE	WED	THU	FRI
Lesson	01:00 - 02:00	Topic lessons, Art, History, DT, etc	Topic lessons, Art, History, DT, etc	Topic lessons, Art, History, DT, etc	Topic lessons, Art, History, DT, etc	Topic lessons, Art, History, DT, etc
Lesson	02:00 - 02:15	Daily Mile 15 mins run	Daily Mile 15 mins run	Daily Mile 15 mins run	Daily Mile 15 mins run	Daily Mile 15 mins run
Lesson	02:15 - 03:15	Topic lessons/assembly	Topic lessons/assembly	Topic lessons/assembly	Topic lessons/assembly	Topic lessons/assembly
After School	03:15 - 04:15	After school clubs such as Arco Dance, Yoga and Gymnastics			After school clubs such as Football and Tag Rugby	
Before School	07:30 - 08:40	Breakfast club/Wake n Shake!	Breakfast club/Wake n Shake!	Breakfast club/Wake n Shake!	Breakfast club/Wake n Shake!	Breakfast club/Wake n Shake!
Lesson	09:00 - 10:30	English	English	English	English	English
Break	10:30 - 10:45	Activities such as Skip2BFit, Climbing equipment, football and playground games	Activities such as Skip2BFit, Climbing equipment, football and playground games	Activities such as Skip2BFit, Climbing equipment, football and playground games	Activities such as Skip2BFit, Climbing equipment, football and playground games	Activities such as Skip2BFit, Climbing equipment, football and playground games
Lesson	11:00 - 12:00	Arithmetic & Maths	Arithmetic & Maths	Arithmetic & Maths	Arithmetic & Maths	Arithmetic & Maths
Lunchtime	12:00 - 13:00	Playtime games, Skip2BFit, Climbing fame	Football for all with coach	Football for all with coach	Playtime games, Skip2BFit, Climbing fame	Playtime games, Skip2BFit, Climbing fame

### School Guidance

After completing this review we can see how well you are building activity across your school day:

Activities Before School	You appear to have a well-planned offer of activities before school. Here are some suggestions to make your provision even more comprehensive.
Active Classrooms	You already try to use physical activity breaks in lessons. Here are some straightforward adaptations you could make to teaching that would build more regular activity into lessons.
Activities at Break Times	You already see the value of providing structured activities at break times and have a strong programme. Here are some suggestions that could increase its impact even more.
Activities at Lunch Times	You already seem to have a very thorough and strategic approach to your lunch time activity and competition offer. These suggestions may help in making it even more impressive.
Activities After School	You already offer some activities and competitions after school, but you'd like to improve the range and number of pupils benefiting from them. Here are some suggestions.

### Actions

The actions you would like to take are:

Good Luck! If you need any further support please contact your local School Games Organiser

Consider your outdoor equipment and how it can be used to promote activity when children arrive before school i.e. play equipment, playground markings, table tennis tables

**Deadline:** 21/07/2020