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| **Year** | **Autumn 1** | | **Autumn 2** | | **Spring 1** | | **Spring 2** | | **Summer 1** | | **Summer 2** | |
| **Reception** | **Locomotion:** Walking and Jumping | | **Dance**  Nursery Rhymes/Nativity | | **Gymnastics:** High, Low, Over, Under | | Ball Skills Hands 1 and 2 | | Ball Skills Feet | | Games For Understanding | |
| **Year 1**  **(Cycle A)** | **Locomotion**:  Running | **Dance:** Growing | **Ball Skills** Hands 1 | **Dance:**  Nativity | **Ball Skills** Feet | **Gymnastics**: Wide, Narrow, Curled | **Ball Skills** Hands 2 | **Gymnastics:** Body Parts | **Locomotion:** Jumping | **Games For Understanding** | **Team Building** | **Health and Wellbeing** | |
| **Year 2**  **(Cycle B)** | **Locomotion**: Dodging | **Dance:** Water | **Ball Skills** Hands 1 | **Dance:** Nativity | **Ball Skills** Feet | **Gymnastics:** Linking | **Ball Skills** Hands 2 | **Gymnastics:** Pathways | **Locomotion:** Jumping | **Games for Understanding** | **Team Building** | **Health and Wellbeing** | |

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|  | **Autumn 1st** | **Autumn 2nd** | **Spring 1st** | **Spring 2nd** | **Summer 1st** | **Summer 2nd** |
| **KS1** |  |  | |  | | --- | | **Key Steps Gymnastics** | | |  |  |  |  | | --- | --- | --- | --- | | **Cheerleading & Dance Festival** |  |  |  | | **Virtual Dance Festival**  **Virtual Skipping Challenge** |  |  |  | |  | |  | | | |  | | --- | | **All Stars Cricket Festival** | |  |