## Lunch

| WEEK 1 | SOUP | HOME FROM HOME | VEGETARIAN | VEGETABLES | DESSERT |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MONDAY | Cream of tomato | Oven baked macaroni cheese topped with spring onion and crispy bacon | Vegetarian hot dog with caramelised onions | Steamed sweetcorn Mixed leaf salad pots Baked beans Oven baked Jacket | Chocolate sponge cake Mixed yoghurt pot Fruit selection |
| TUESDAY |  | American style burger bar (beef patties or crispy chicken) | Grilled vegan burger with a variety of accompaniments | Skinny fries Steamed sweetcorn <br> Green beans <br> Baked beans Oven baked jackets | White chocolate cookies Mixed yoghurt pot Fruit selection |
| WEDNESDAY | Tomato and basil | Honey roast gammon with traditional accompaniments | Mushroom and leek wellington | Roast Potatoes <br> Cauliflower cheese <br> Yorkshire pudding <br> Honey roasted carrots <br> Steamed broccoli florets <br> Baked beans <br> Oven baked jackets | Lemon drizzle <br> Mixed yoghurt pot <br> Fruit selection |
| THURSDAY |  | Italian style beef lasagne with garlic bread sliced | Roasted vegetable lasagne | Cajun style potato wedges Steamed sweetcorn Mixed leaf salad pots Baked beans Oven baked jackets | Steamed syrup sponge and custard <br> Mixed yoghurt pot Fruit selection |
| FRIDAY | Cream of vegetable | Battered fish / fish fingers with Tartare Sauce and lemon wedges | Chargrilled Mediterranean vegetable kebabs | Chips <br> Garden peas Baked Beans Oven baked jackets | Linda's rocky road Mixed yoghurt pot Fruit selection |



## Lunch

| WEEK 2 | SOUP | HOME FROM HOME | VEGETARIAN | VEGETABLES | DESSERT |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MONDAY | Cream of tomato | Oven baked Hot dogs with caramelised onions | Homemade margarita pizza slice | Lyonnaise potatoes Broccoli florets Roasted carrots Baked beans Oven baked jackets | Crispy chocolate cakes Mixed yoghurt pot Fruit selection |
| TUESDAY |  | BBQ pulled chicken / Mince beef and onion pasty | Sweet potato and red pepper curry | Steamed rice Oven baked wedges Steamed Sweetcorn Mixed leaf salad pots Baked beans Oven baked jackets | Dorset apple cake Mixed yoghurt pot Fruit selection |
| WEDNESDAY | Leek \& Potato | Roast turkey crown with sage and onion stuffing and gravy | Vegetarian Wellington | Thyme infused roast potatoes Steamed mixed vegetables <br> Green beans <br> Baked beans <br> Oven baked jackets | Linda's Victoria sponge cake Mixed yoghurt pot Fruit selection |
| THURSDAY |  | Spaghetti and meatballs with garlic bread slices | Cherry tomato and caramelised onion pasta bake | Herb diced potatoes Carrot batons Steamed sweetcorn Baked beans <br> Oven bakes jackets | Chocolate surprise pudding <br> Mixed yoghurt pot <br> Fruit selection |
| FRIDAY | Mushroom and tarragon | Fish and chips with tartare sauce and lemon wedges | Jumbo vegetable spring rolls with sweet chilli sauce | Chips <br> Garden peas <br> Baked beans <br> Oven baked jackets | Shortbread biscuits - Jelly pots <br> Mixed yoghurt pot Fruit selection |



CERTIFIED SEAFOOD MSC


| WEEK 3 | SOUP | HOME FROM HOME | VEGETARIAN | VEGETABLES | DESSERT |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MONDAY | Carrot \& Coriander | Lincolnshire sausage and creamy mashed potato with red onion gravy | Vegetarian sausage, creamy mash with red onion gravy | Creamy mashed potato <br> Red onion gravy <br> Garden peas <br> Braised red cabbage <br> Baked beans <br> Oven baked jackets | Chocolate brownie <br> Mixed yoghurt pot <br> Fruit selection |
| TUESDAY |  | Hoi sin chicken and vegetable noodles/ <br> Sweet chilli chicken | Vegetable chow-mein | Steamed noodles Braised savoy cabbage Steamed sweetcorn Baked beans Oven baked jackets | Iced marble cake <br> Mixed yoghurt pot <br> Fruit selection |
| WEDNESDAY | Tomato | Roast loin of pork with traditional accompaniments | Cheddar cheese and onion pie | Thyme infused roast potatoes Cauliflower Cheese Carrot batons Baked beans Oven baked jackets | Carrot cake <br> Mixed yoghurt pot <br> Fruit selection |
| THURSDAY |  | Homemade pizza bar | Homemade pizza bar | Herbed diced potatoes Steamed sweetcorn BBQ pit beans Baked beans Oven baked jackets | Cornflake tart with custard Mixed yoghurt pot Fruit selection |
| FRIDAY | Broccoli | Battered fish / fish fingers with tartare sauce and lemon wedges | Tomato, basil and cheddar cheese tart | Chips <br> Baked beans <br> Garden peas <br> Baked beans Oven baked jackets | Chocolate crunch <br> Mixed yoghurt pot <br> Fruit selection |




